

## Guidance for drug and alcohol support groups and treatment programmes

This guidance supports the safe resumption of drug and alcohol services under the national framework for living with Covid-19.



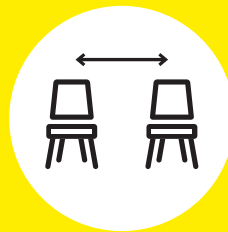
### Hold

support meetings on-line or outdoors where possible



### Do

a risk assessment before face-to-face group meetings



### Venues

should be carefully managed, with limited sharing with other users



### Maximum

number of attendees is 15 people (including leaders), with 2 metres social distancing



### Face

coverings should be used where social distancing of 2 metres is not possible due to space constraints



### Support

groups should last a maximum of 1 hour and 45 minutes



### People

at higher risk, or those in close contact with such individuals, should only attend on-line meetings



### Attendance

at multiple groups or programmes should be avoided

The full version of the guidance can be downloaded at [www.gov.ie/en/policy-information/17d32f-drugs-and-alcohol-policy/](http://www.gov.ie/en/policy-information/17d32f-drugs-and-alcohol-policy/)

HSE Drugs and Alcohol helpline freephone **1800 459 459**  
Mon to Fri, 9:30 am – 5:30 pm. Or by e mail  
anytime [helpline@hse.ie](mailto:helpline@hse.ie)