

## Harm reduction, treatment & rehabilitation Community Addiction Team (CAT)

- **The focus of CAT's programme is**
  - ✓ to help participants evaluate their situation with respect to alcohol and drug use
  - ✓ to help participants implement individual care plans for personal change
  - ✓ To provide support to adult family members.
- **The following services are provided**
  - ✓ Drop-in, harm-reduction advice, and pre-assessment contact
  - ✓ Assessments and key-working
  - ✓ After-care support
  - ✓ Family support services
- **Persons can be referred through other agencies**
  - ✓ HSE, probation and social services and community agencies.
  - ✓ Self-referrals can also be made directly through contacting the service.
- **Location:** Sandyford Industrial estate